

SEXUAL ASSAULT STATISTICS: DID YOU KNOW?



In the US, over half of women and almost 1 in 3 men have experienced sexual violence involving physical contact during their lifetime (CDC)

More than 4 in 5 female rape survivors reported that they were first raped before age 25 and almost half were first raped as a minor (CDC)

Women and racial and ethnic minority groups experience a higher burden of sexual violence (CDC)

Recent estimates put the lifetime cost of rape at \$122,461 per survivor, including medical costs, lost productivity, criminal justice activities, and other costs (CDC)

Every 68 seconds, somewhere in America, someone is sexually assaulted. And every 9 minutes, that victim is a child. (RAINN & USDOJ)

Nearly 1 in 10 women has been raped by an intimate partner (CDC)

7 out of 10 rapes are committed by someone who knew the victim (RAINN)

82% of sexual assaults committed by a friend or acquaintance are not reported to the police (RAINN & USDOJ)

Only 25 out of every 1,000 perpetrators will end up in prison. (RAINN)

1 in 5 women are sexually assaulted while in college (NSVRC)

15,000–19,000 people with developmental disabilities are raped each year in the U.S. (NCDSV)

1 out of 10 rape victims are men (RAINN)

44% of sexual assault and rape victims are under the age of 18 (USDOJ)

Victims of sexual assault are 3 times more likely to suffer from depression, 6 times more likely to suffer from PTSD, 13 times more likely to abuse alcohol, 26 times more likely to abuse drugs, and 4 times more likely to contemplate suicide (WHO)

63% of men who admitted to campus rape/attempted rape say they committed an average of 6 rapes (NSVRC)

28% of male victims of rape experience their first rape when they were 10 years of age or younger (CDC)

Women who have been raped in the military have a higher rate of PTSD than men who've been in combat (DOJ)

47% of transgender people are sexually assaulted at some point in their life (HRC)

Sexual violence affects Black women at high rates. More than 20% of Black women are raped during their lifetimes—a higher share than among women overall, which is 18% (CDC/IWPR.org)

BREAK IT DOWN: SEXUAL VIOLENCE



SEXUAL VIOLENCE

Sexual violence is any sexual activity that is forced and nonconsensual by means of psychological coercion or physical abuse. It includes all acts of sexual violation such as sexual abuse, rape, sodomy, sexual acts committed with foreign objects, sexual harassment, touching a person's intimate parts without their consent and any other unwanted sexual activity.

SEXUAL ABUSE

Sexual abuse, also referred to as molestation, is usually undesired sexual behavior by one person upon another. It is often perpetrated using force or by taking advantage of another. When force is immediate, of short duration, or infrequent, sexual abuse is called sexual assault.

SEXUAL ASSAULT AND RAPE

The terms "sexual assault" and "rape" conjure up many different images. For this reason, it can be challenging for individuals to define them. Sexual Assault is an umbrella term for when a person is forced, coerced or manipulated into participating in a sexual act to which she, he or they has not freely consented.

SEXUAL HARASSMENT

Unwanted, unwelcome sexual attention or advances. Sexual misconduct is a term often used to describe sexual harassment perpetrated by a person in a position of power, trust or authority.

CONSENT

Consent isn't something to be obtained with a simple "yes," it's a continual and open negotiation and dialogue.

Consent is more than "yes" or "no"

Consent is WILLING participation

Consent is SPECIFIC

Consent is ENTHUSIASTIC

Consent is INFORMED

Consent is MUTUAL

Consent is ONGOING

Consent is based on EQUAL POWER

Consent can be WITHDRAWN at any time

Consent is a NEGOTIATION

Consent happens without PRESSURE or MANIPULATION

Consent is NOT PERSISTING when someone says no (verbally or nonverbally)

Agreeing or giving in to sex because of coercion or fear is not consent. Just because someone says, "yes," they want to have sex with you doesn't mean you have consent to do whatever you want. Consent is about mutual desire, so get specific!

COERCIVE CONTROL

Coercive control is a strategic course of oppressive behavior designed to secure and expand gender-based privilege by depriving women of their rights and liberties and establishing a regime of domination in personal life.

Coercive control refers to abuse as a "strategic course of oppressive behavior," meaning that:

Behavior is rational, instrumental and not a loss of control

Behavior is "ongoing" rather than episodic

Behavior is based on multiple tactics like violence, intimidation, degradation, isolation and control

VICTIM BLAMING

Victim blaming is an umbrella term that denotes any actions or words that suggest or state that a victim of a crime — in this case of sexual nature — is to blame for what happened to them.

RAPE CULTURE

Rape culture refers to a society or environment whose prevailing social attitudes have the effect of normalizing or trivializing sexual violence and abuse. More often than not, it's situations in which sexual assault, rape, and general violence are ignored, trivialized, normalized, or made into jokes.

To learn more check out the following article on everydayfeminism.com

RESPECTFUL SEXUALITY

Is how we honor ourselves and how we treat others. It is about having knowledge of all the risks and ramifications of engaging in sexual behavior and choosing a path that respects both parties involved. Consent and communication are essential to respectful sexuality.
nwnetwork.org



15 WAYS TO END RAPE



End Rape Culture Today!

- 1 Recognize that people neither ask for nor deserve to be abused, harassed, assaulted or raped—ever.
- 2 Support and believe survivors of sexual violence.
- 3 Bring awareness and challenge victim-blaming statements.
- 4 Give constructive input about why comments or jokes that perpetuate rape culture or sexism are not okay.
- 5 Get help or take action by directly intervening when you see someone taking advantage of a person who is not capable of giving consent.
- 6 Consent is mandatory and every sexual interaction you have must be consensual—no excuse. Educate yourself on what it means to get and give consent.
- 7 Build and engage in healthy, respectful relationships.
- 8 Pledge to never commit or condone any acts of violence.
- 9 Think critically about how the media depicts sexuality.
- 10 Take a self-defense class. Your mind, your voice and your body are powerful tools for prevention.
- 11 Teach your children, friends, parents and peers about the myths and realities of sexual assault.
- 12 Donate your time or money to your local rape crisis center.
- 13 Find out what your local K-12 school board's policy is on anti-rape and violence prevention education and get involved. If it is not proactive, change it!
- 14 Lobby your local, state and federal legislators for funding for anti-sexual assault programs.
- 15 If you witness sexual harassment at the workplace or in public places, expose the behavior. Don't tolerate it.

HOTLINES



It is never too late to heal
Help is available 24 hours a day, 7 days a week

Peace Over Violence's emergency services offer victims of sexual violence, sexual harassment, domestic violence and stalking emotional support, information, compassion, accompaniment, referral and advocacy services, 24 hours a day, 7 days a week.

LOS ANGELES RAPE & BATTERING HOTLINES

213.626.3393 (Central Los Angeles)
310.392.8381 (South Los Angeles)
626.793.3385 (West San Gabriel Valley)

NATIONAL EMERGENCY HOTLINES

Rape, Abuse, Incest National Network (RAINN)
800.656.HOPE (4673)

National Domestic Violence Hotline
800.799.SAFE (7233)
800.787.3224 TDD

U.S. NATIONAL SEXUAL VIOLENCE RESOURCE CENTER

877.739.3895

THE ANTI-VIOLENCE PROJECT

Serves people who are LGBTQ Bilingual 24/7 Hotline
212.714.1124

GLBT NATIONAL HELP CENTER HOTLINE

800.246.PRIDE (7743) or Online Chat at volunteerlogin.org/chat/

GAY MEN'S DOMESTIC VIOLENCE PROJECT HOTLINE

800.832.1901

NORTHWEST NETWORK HOTLINE

Serves LGBT survivors of abuse; can provide local referrals
206.568.7777

THE NETWORK/LA RED

LGBTQ, poly, and kink/BDSM survivors of abuse; bilingual hotline
617.742.4911

WEBSITES

peaceoverviolence.org
valor.us
rainn.org
knowyourix.org
forge-forward.org
tnlr.org
nwnetwork.org